

HIGH SCHOOL & SCHOOL OF SKILLS

EXTRA-CURRICULAR PROGRAM 2024

Term 4 Practice Times

SPORT	PRACTICE DAYS & TIMES
Athletics	Monday & Wednesday 15:00 – 16:00 Monday – Sprints, Shot Put, Discus & Javelin Wednesday – Long Distances, Long Jump & High Jump
Cricket (For Boys and Girls)	Tuesday & Thursday 15:00 – 16:00
Rugby	Tuesday & Thursday 15:00 – 16:00
Chess	No Practice – Winter Sport
Netball	No Practice – Winter Sport
Soccer	No Practice – Winter Sport
Cross Country	No Practice – Winter Sport
Hockey	No Practice – Winter Sport